

E L C A W O R L D H U N G E R

# ACTION GUIDE

*Youth*

## JOIN

ELCA WORLD HUNGER'S  
GLOBAL FARM

*Challenge*



**ELCA World Hunger**  
**Evangelical Lutheran Church in America**  
God's work. Our hands.

Ecuador  
Sean Hawkey/Life on Earth

# How to USE THIS GUIDE



Hungary  
Albin Hillert/LWF



Honduras  
Sean Hawkey/Life on Earth



Liberia  
Albin Hillert/Life on Earth

As members of the Evangelical Lutheran Church in America (ELCA), we are called to share in God's work in the world. Through ELCA World Hunger, our church creatively and courageously works toward a just world where all are fed.

The 2022 ELCA Youth Gathering may be canceled, but the work of the church is more important than ever. The COVID-19 pandemic and violent conflict around the world, especially in Ukraine, have led to a rise in hunger unlike any we have seen in recent history.

**As you plan for new activities and events this summer for youth, we invite you to join us in ELCA World Hunger's Global Farm Challenge, a youth-focused, whole-church campaign to accompany our neighbors who are facing threats of hunger and poverty around the world.**

In this guide, you will find resources to activate and inspire youth in your congregation to join together in the Global Farm Challenge. There are prayers and podcasts, guides and games for you to use at home, at church or even in the car as you travel this summer.

We know that the world faces many challenges right now. But we also know that God's promise of a just world where all are fed is being fulfilled through communities around the world and through our church. **We need your help: join us in the Global Farm Challenge and be part of what God is doing to lead us toward a future filled with hope.**

With the Holy Spirit and each other, we are achieving things on a scale and scope we could never do alone. Thank you.

## FIND

Visit [ELCA.org/hunger](https://elca.org/hunger) to find nearly all the resources you see here and more.

## CONNECT

Engage with the latest news and stories from ELCA World Hunger:

 [Facebook.com/ELCAWorldHunger](https://Facebook.com/ELCAWorldHunger)

 [Twitter.com/ELCAWorldHunger](https://Twitter.com/ELCAWorldHunger)

 [Instagram.com/ELCAWorldHunger](https://Instagram.com/ELCAWorldHunger)

## SHARE

Was your activity a success?

What did you learn?

Tell us about it!

Send photos and stories

to [hunger@elca.org](mailto:hunger@elca.org).

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# Ending hunger isn't just about food.

It's about access, it's about justice, it's about caring for creation and each other. It's about hope for the world we want to live in. Ending hunger means recognizing the ways God is at work in farming communities and the ways God is calling all of us, together, to be part of the solution.

**The world produces more than enough food for every person, but the number of people experiencing hunger is growing.** Farmers see the beauty of new life and the hope of new harvests. But many farmers also bear witness to the deep inequities that scar our food systems and leave communities vulnerable to hunger and poverty. The very people whose hard work and ingenuity provide the world's food all too often struggle to feed themselves and their families.

Bring ELCA World Hunger into the life of your youth group and congregation with resources to use at church, on the road to your next service-learning trip, at camp or at any of your summer gatherings. These include:

- **A brochure** with key information and stats about the Global Farm Challenge that tells you why this campaign matters and the difference you can make by taking part in our call to work toward a just world where all are fed.
- **"Global Farm Challenge: More Than Food,"** a podcast miniseries that invites youth into deeper reflection on faith, hunger and justice, with inspirational stories about how your gifts to ELCA World Hunger are at work in the world.
- Group activities, including the **Global Farm Challenge Do-It-Yourself Field Experience** guide and the new **Global Farm Challenge To-Go card game** that you can take on the road or play at home in your congregation.
- **Additional resources**, including online fundraising tools to invite others to give.

**We invite you to learn, pray, be challenged, have fun and give during ELCA World Hunger's Global Farm Challenge as God works through us together for a just world where all are fed.**



Visit [ELCA.org/globalfarmchallenge](https://elca.org/globalfarmchallenge) for more information, to order resources and to begin planning your youth group's participation and fundraising.

## PRAYER

*From ELCA advocacy ministries, for the passing of the farm bill (learn more about the farm bill on page 10 of this guide).*

Next time you say a prayer before a meal, think about all the connections that bring that food to your body, and what your body does and can do with that nourishment. If you make a list, that's a lot of steps before food reaches your plate! Consider sharing in prayer thanksgiving and recognition for the many hands that it takes for God's provision of daily bread to reach all of us.



Gracious and living God,

We thank you for our ancestors, for their wisdom and knowledge of the land.

We give you thanks for all of creation and know that you have given us charge to be stewards of air, land, water and all living things.

We thank you for those who grow food and farm.

We thank you for those who labor in the fields.

We thank you for those who bring crops to market.

We thank you for merchants who give us access to your bounty.

We thank you for the hands that make and prepare our daily bread.

Give us nourishment to do your work in the world so that, fed, we can feed others. May our work and faith in you create that heavenly community where all are fed.

Amen.



## BROCHURE

The Global Farm Challenge brochure will equip youth and your congregation with an in-depth exploration of what the Global Farm Challenge is, why it matters, key statistics about farming and farmers worldwide, and how ELCA World Hunger is at work around the world. Order more brochures online to share with your congregation and ask them to join you! Together we can make a difference to end hunger and inspire a future filled with hope.



## TRACK YOUR FUNDRAISING ONLINE

The easiest way to fundraise for the Global Farm Challenge is online at [ELCA.org/globalfarmchallenge](https://www.elca.org/globalfarmchallenge). There, you'll set up your own fundraising page for your team, youth group, congregation or as an individual so you can track progress toward your goal in real time! You will also find tools online to support you in your fundraising efforts.





## GLOBAL FARM CHALLENGE: MORE THAN FOOD PODCAST

### "GLOBAL FARM CHALLENGE: MORE THAN FOOD"

#### Podcast Miniseries

This podcast series is perfect for congregations, small groups and individuals. A variety of brief sessions will focus on Scripture readings, Luther's catechisms and the stories behind ELCA World Hunger's Global Farm Challenge. These are a perfect accompaniment to the Global Farm Challenge To-Go card game (available this summer) and will offer insights to challenge and inspire your group.

**Listen on the road as you travel to camp, service activities or wherever your group is headed!**

**[blogs.elca.org/GFCpod](https://blogs.elca.org/GFCpod)**



## GLOBAL FARM CHALLENGE DO-IT-YOURSELF FIELD EXPERIENCE

This guide will help you set up your own Global Farm Challenge Field Experience, an opportunity for youth and adults to experience the challenges smallholder farmers face bringing their crops to market as they aim to produce enough profit for food and savings. Each participant will follow one of four "stories" through one growing season as a smallholder farmer. Participants will be confronted with obstacles representing real challenges for farmers and learn how relatively simple interventions can make big changes for farming communities.



Download a printer-friendly copy at **[ELCA.org/hunger/resources](https://ELCA.org/hunger/resources)** under the "Hunger Ed" tab.



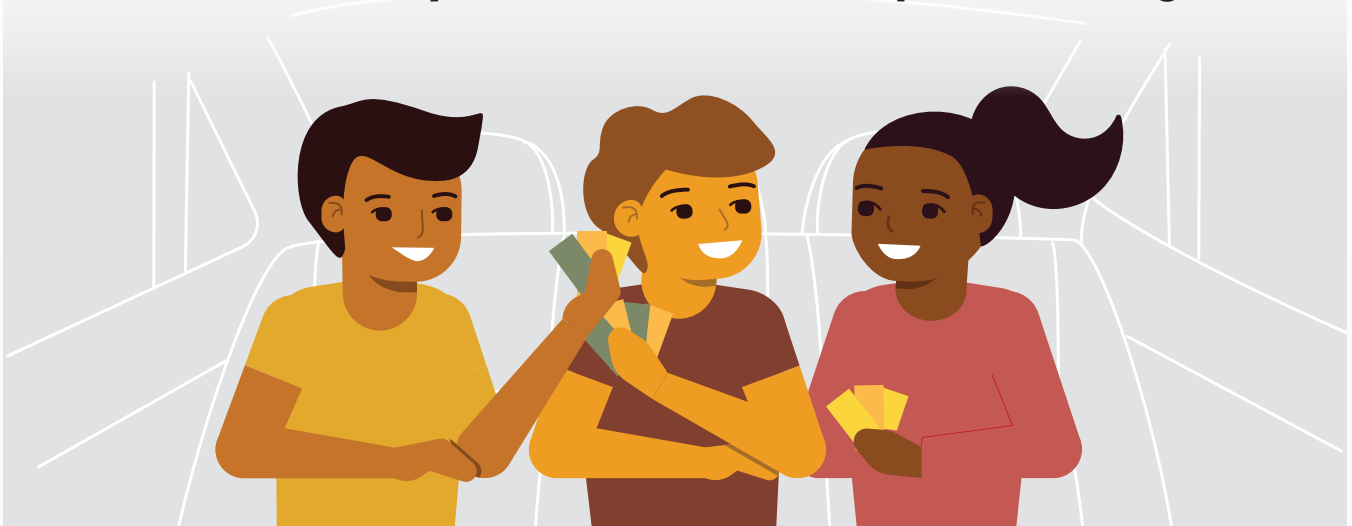
## ELCA WORLD HUNGER'S GLOBAL FARM

Challenge

# To-Go



**Be the first to fill your field in this fast-paced card game!**



You'll need some solid strategy to raise enough crops for the market while dealing with the unexpected during your growing season, but trading for tools, forming alliances and a bit of luck will help! Players will have fun learning about some of the challenges and opportunities farmers face around the world.

Each deck contains Soil cards to start your field, Supply cards to help transform your soil into seedlings and Chance cards that can change the game in a single turn. Full instructions are also included, as well as profiles drawn from the real projects supported by ELCA World Hunger that the game is based on. If you play it on the road or at home, the Global Farm Challenge podcast series offers deeper dives into the projects behind the game.



Order Global Farm Challenge To-Go for free from [resources.elca.org](https://resources.elca.org)!

# FUNDRAISING IDEAS

Working with global companion churches and trusted partners around the world, ELCA World Hunger spends approximately \$8 million per year on sustainable development-related projects. **Your gifts make this work possible.**

Get creative! Host an event raising funds and awareness, run an online campaign or even design your own digital fundraiser! You can also create team and individual fundraising pages to benefit ELCA World Hunger's Global Farm Challenge at [ELCA.org/globalfarmchallenge](http://ELCA.org/globalfarmchallenge) and access tools, such as email templates, to equip you as you fundraise.

## FEATURED FUNDRAISING GOAL: FUND A FAMILY FARM

Talk about transformation! A cow, a couple goats, a dozen chicks, two pigs, farming tools, seeds, and agricultural training and support can help a family achieve a fresh start. Challenge your group to raise \$715 to provide a family with new tools and techniques so crops can grow stronger than ever. Eggs, milk and meat from the farm animals provide a lifetime of food to eat and sell at the market, helping a family escape the cycle of hunger and poverty — for good.



### MORE IDEAS FOR PICKING A PROJECT OR TWO TO INSPIRE YOUR GOAL SETTING:



**\$50**

Goat



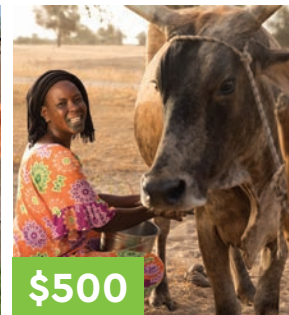
**\$75**

Farmer's field  
school for a woman



**\$200**

Community  
vegetable garden



**\$500**

Cow



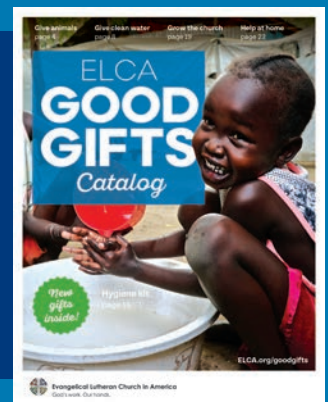
**\$2500**

Water well

ELCA  
**GOOD  
GIFTS**  
*Catalog*

The ELCA Good Gifts catalog lifts up many projects supported by ELCA World Hunger. Use these examples to raise money for the Global Farm Challenge.

Find ideas and resources at [ELCA.org/goodgifts](http://ELCA.org/goodgifts).





# EDUCATE, ENGAGE, INSPIRE

Visit ELCA World Hunger's Vimeo channel to find videos you can share with youth during worship, youth group, Bible studies, on your way to a service-learning trip, as part of your fundraising campaigns and more.

Choose from a variety of videos designed to connect youth and congregations to people and communities whose lives are changed through gifts to ELCA World Hunger in the United States and in countries around the world.



Check out all of ELCA World Hunger's videos at [vimeo.com/channels/ELCAWorldHunger](https://vimeo.com/channels/ELCAWorldHunger) or at the ELCA World Hunger playlist on YouTube.



## OUR TOP PICK FOR GLOBAL FARM CHALLENGE:

### "Seeds of Change in Malawi"

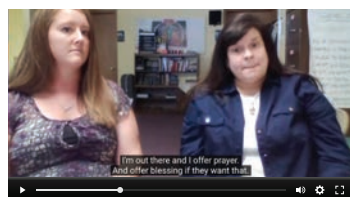


In Malawi, more than 70% of the population lives on less than \$1.90 per day. Most families rely on their farms for food and income. Walk alongside the Nkhoma family and see how gifts to ELCA World Hunger through the Global Farm Challenge can make an impact on ending hunger — for good.

**For an immersive experience, view this 360-degree video through a virtual reality (VR) headset!** Find affordable VR cardboard headsets for smartphones through an online retailer. Alternatively, check out one of the many how-to videos online to learn how to make your own headsets!

### More videos from ELCA World Hunger

"We're Chicken Women!"  
(the Manna From Heaven story)



"Church Together — Apart:  
Our Response to COVID | Ohio"

"Education Opens Doors for  
Young Women in Guatemala"



"ELCA World Hunger:  
Until All Are Fed"

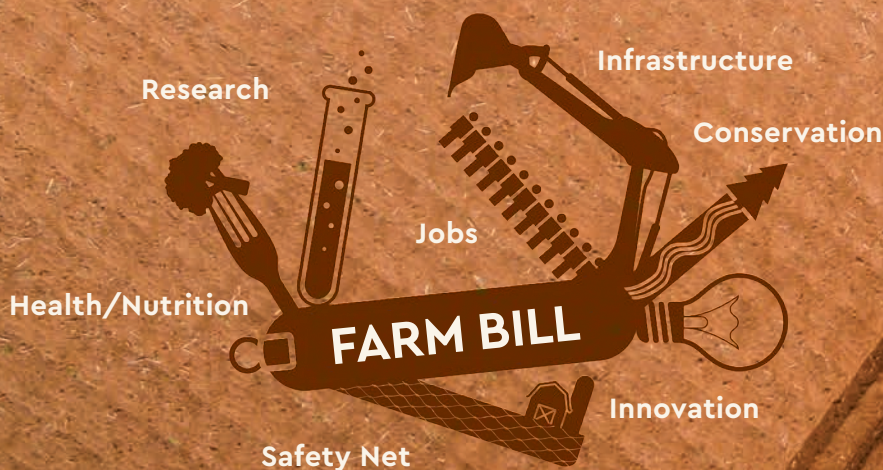


## WHAT IS THE FARM BILL?

The farm bill is legislation passed every five years that has a tremendous impact on hunger in the United States and globally. The current farm bill expires in 2023, so the process where the programs covered in the bill are debated, refreshed and ultimately passed by Congress toward being signed into law is ramping up. Now is the time for our input and advocacy to shape the next farm bill.

## WHY DOES THE FARM BILL MATTER?

Priorities in your community and globally, such as healthy food access for low-income families, reducing food waste, conservation practices, rural development and much more, connect in this policy. The ELCA supports a farm bill that will promote a strong and resilient food-supply chain and provide needed nutrition through domestic and international programs. Our advocacy as Lutherans in this process will draw attention to faith-based priorities to end hunger and create a more sustainable world as they play out in our lives and the lives of our neighbors through this policy.



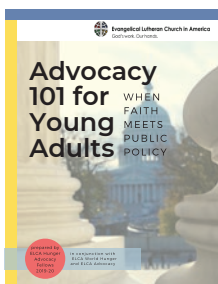




The complexities of how food is produced and distributed are shaped by public policy. Go to [blogs.elca.org/advocacy/GFC-Farm-Bill-Advocacy](https://blogs.elca.org/advocacy/GFC-Farm-Bill-Advocacy) to learn how you can get involved.

As Christians, we are welcomed into community and called to live God's love in the world. Lutherans make a promise at baptism: to strive for justice and peace throughout all the earth. Using our voices in advocacy around the farm bill is one way to show our love and strive for justice and peace.

Learn more about and get involved in ELCA advocacy. If the idea of advocacy is new to you, find more resources at [ELCA.org/Resources/Advocacy](https://ELCA.org/Resources/Advocacy) including:



"Advocacy 101 for Young Adults"



"Fact Sheet: Hunger Is a Racial Equity Issue"



"What Is Faith-Based Advocacy?"

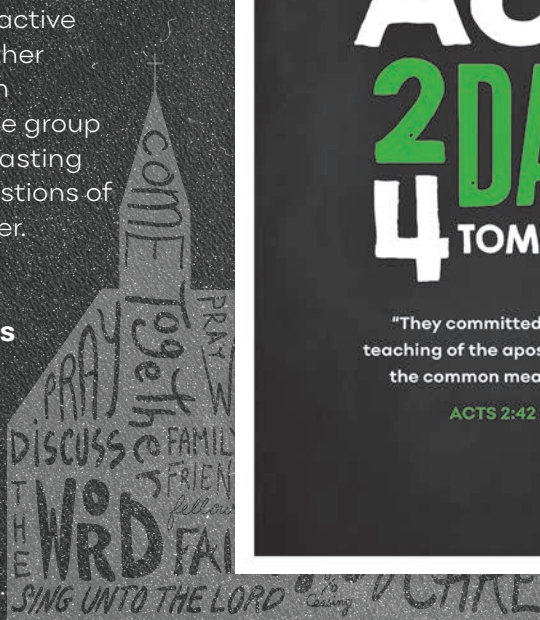


## ACT 2DAY 4 TOMORROW

Spend your next lock-in or Sunday school series learning together about the root causes of hunger around the world. This interactive overnight program brings youth together to learn about the role they can play in eradicating hunger and poverty. As the group takes part in the spiritual practice of fasting during the event, they will explore questions of faith, hunger, hope and justice together.



Download or order from [ELCA.org/hunger/resources](https://elca.org/hunger/resources) under the "Hunger Ed" tab.



## Act<sup>+</sup> 2DAY 4 TOMORROW

"They committed themselves to the teaching of the apostles, the life together, the common meal, and the prayers."

ACTS 2:42 (THE MESSAGE)



## DIGGING IN: A LEADER'S GUIDE TO SERVICE LEARNING

Planning a service project or mission trip with youth? This guide is designed to help you plan your next service opportunity, whether it's a local project, an intensive mission trip or anything in between. Through four steps (Preparation, Action, Reflection and Celebration), the guide will walk you through how to make the most out of the experience – for you and your neighbors.



Download or order from [ELCA.org/hunger/resources](https://elca.org/hunger/resources) under the "Hunger Ed" tab.



DIGGING IN:  
A LEADER'S GUIDE TO  
SERVICE LEARNING




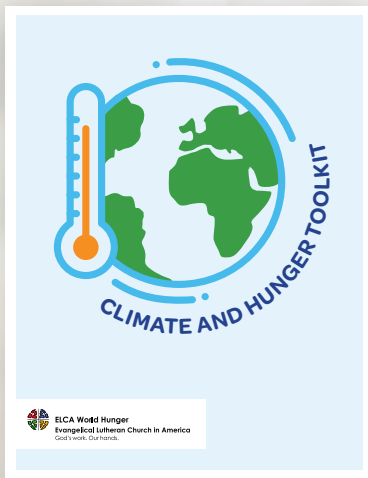
## WALK FOR WATER DO-IT-YOURSELF TRACK EXPERIENCE

ELCA World Hunger's Walk for Water is an opportunity for youth and adults to experience firsthand what it is like to carry a 5-gallon jug of water (41.5 pounds) through a simulated water collection experience. Throughout the simulation, each person follows one of five "stories" to guide them along the track. Along the way, participants are confronted with different obstacles that help them realize some of the struggles those walking for water may encounter.

This guide is intended to help you set up your own Walk for Water experience. The setup is based on how ELCA World Hunger designed the track at the ELCA Youth Gathering in 2015, but you are encouraged to be creative in your context.




 Download the guide for free at [ELCA.org/hunger/resources](https://elca.org/hunger/resources) under the "Hunger Ed" tab.



## CLIMATE AND HUNGER TOOLKIT

This updated resource from ELCA World Hunger offers a variety of activities to teach your group how our changing climate impacts hunger. With easy-to-use instructions, handouts, and opening and closing sections, the Climate and Hunger Toolkit is perfect for groups of any size. The toolkit includes low-impact activities and activities for a high-energy event.

 Download the toolkit for free at [ELCA.org/hunger/resources](https://elca.org/hunger/resources) under the "Toolkit" tab.

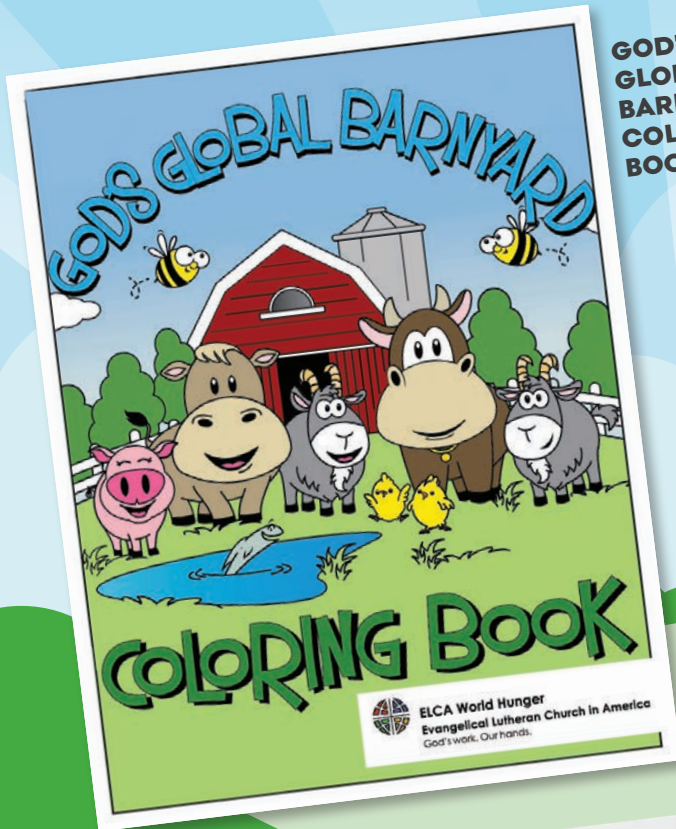
## PLANT A COMMUNITY GARDEN

What makes a garden a community garden? How can growing food for ourselves and our neighbors transform our congregations? Learn this and more from ELCA World Hunger's Community Gardens How-To Guide. You will glean wisdom harvested by ELCA congregations whose community gardens have become vital parts of their ministry. You'll find practical tips on logistics, crafting a vision and incorporating your garden into the life of your community.



## "GOD'S GLOBAL BARNYARD"

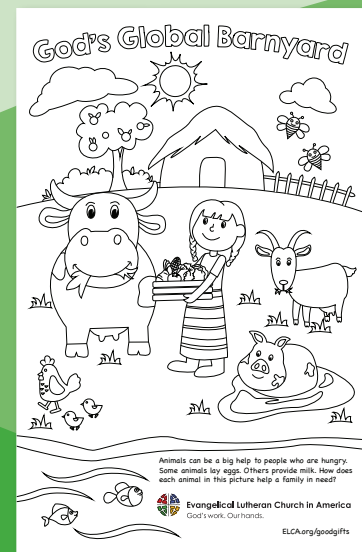
An animal can make a world of difference for a family in need, providing food to eat, fertilizer to grow crops, or milk, honey or eggs to sell at the market. Use the following animal-themed ideas and resources to educate people about God's Global Barnyard and raise money through ELCA Good Gifts. Children can have fun playing with the animal images and learning about each animal.



**GOD'S GLOBAL BARNYARD COLORING BOOK**



**GOD'S GLOBAL BARNYARD STICKERS**



**GOD'S GLOBAL BARNYARD COLORING PAGE**

**FREE!**



**COIN BOXES**

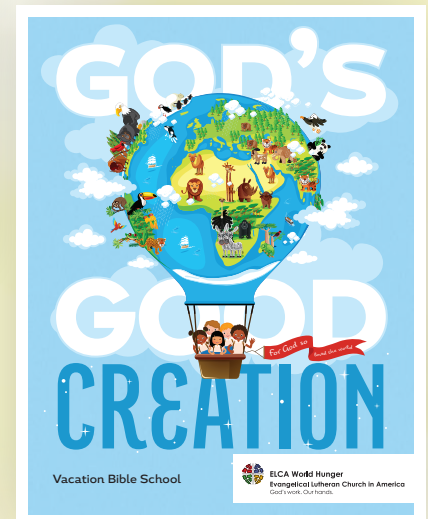
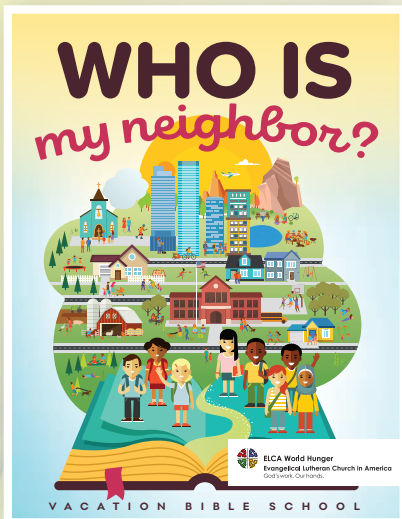
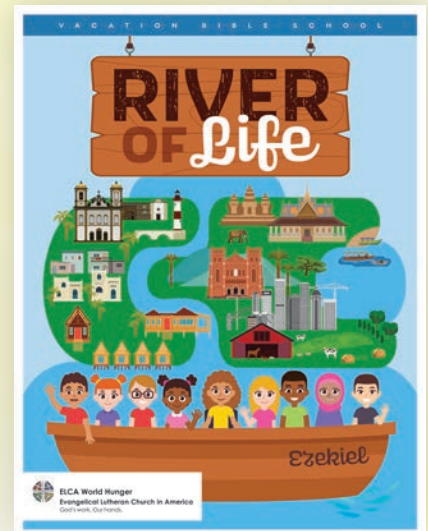
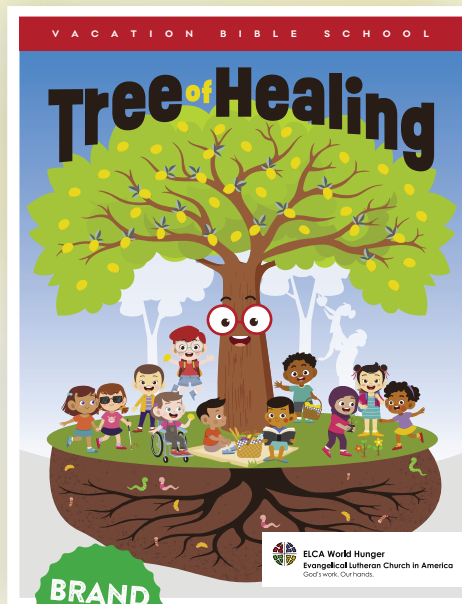


Visit [ELCA.org/GoodGifts](https://www.elca.org/GoodGifts) to order free coin boxes, coloring books and sticker sheets. Many items can also be downloaded and printed at home.



# VACATION BIBLE SCHOOL

Bring ELCA World Hunger into the life of your congregation with one of our Vacation Bible School programs!



# ELCA WORLD HUNGER'S GLOBAL FARM *Challenge*



Lesotho  
Albin Hillert/Life on Earth

**Join in. Have fun.  
Make a difference.**

Be the first to  
fill your field  
in this brand new  
fast-paced card game!



**ELCA World Hunger**  
Evangelical Lutheran Church in America  
God's work. Our hands.